

Topics for writing the clinical case

1st Edition of the Clinical Case Competition, related to the medical management of functional, female and urodynamic urology.

Below, you will find a series of possible topics on which you can base the clinical case to be presented at the first edition of the Clinical Case Competition, which focuses on the medical management of functional, female and urodynamic urology.

- Urinary tract infections (UTI) p. 2
- Urinary incontinence p. 2
- Neurogenic voiding dysfunction p. 2
- Incomplete voiding syndrome p. 3

Urinary tract infections (UTI)

- Treatment of recurrent UTIs in postmenopausal women.
- Treatment of UTIs in patients with menopausal genitourinary syndrome.
- Medical treatment of recurrent UTIs in sexually active young women.
- Medical treatment of complicated UTIs in patients with bladder dysfunction.
- Medical treatment of recurrent UTIs in patients with urological devices, such as bladder or ureteral catheters.
- Medical treatment of recurrent UTIs in patients with gastrointestinal problems, such as chronic diarrhoea, irritable bowel syndrome, inflammatory bowel disease, or intestinal dysbiosis.
- Medical treatment of recurrent UTIs in patients with: SIBO, constipation, faecal impaction, diverticulitis, ulcerative colitis and urinary or faecal incontinence.
- Treatment of UTIs in diabetic patients
- Treatment of UTIs in pregnant women
- Treatment of UTIs in patients with ureteral strictures.
- Treatment of UTIs in patients with neurogenic bladder

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Urinary incontinence

- Treatment of incontinence in patients with stress, urge, overflow or mixed incontinence.
- Treatment of incontinence in patients with an idiopathic overactive bladder.
- Treatment of incontinence due to post-surgical complications following radical prostatectomy or HoLEP for benign prostatic hyperplasia.
- Treatment of recurrent cystitis associated with urinary incontinence.
- Treatment of bladder inflammation associated with urinary incontinence.
- Management of malodour in patients with urinary incontinence.
- Treatment of faecal incontinence associated with bowel dysbiosis or accelerated transit.
- Treatment of urinary and faecal incontinence due to pelvic floor dysfunction.
- Treatment of perineal dermatitis and irritation associated with urinary incontinence.

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Disfunción miccional neurógena

- Management of neurogenic bladder in patients with recurrent UTIs.
- Management of neurogenic bladder in patients with multiple sclerosis and urinary symptoms.
- Management of neurogenic bladder in patients with spinal cord injury and intermittent catheterisation.
- Management of neurogenic bladder in patients with chronic bladder inflammation associated with catheterisation or indwelling catheterisation.
- Management of foul-smelling urine in patients with bladder dysfunction and catheterisation.

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Incomplete voiding syndrome

- Treatment of patients with incomplete bladder emptying and recurrent urinary tract infections.
- Treatment of patients with mixed bladder dysfunction and irritative symptoms.
- Treatment of patients with intermittent catheterisation for incomplete voiding and persistent foul-smelling urine.
- Treatment of patients with idiopathic incomplete voiding and persistent dysuria.
- Treatment of patients with incomplete voiding due to extrinsic compression associated with chronic constipation.
- Treatment of patients with incomplete voiding due to functional dyssynergia.
- Treatment of patients with incomplete emptying due to irritable bowel syndrome or meteorism.

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